Newsletter

Danger within

Employees, unfortunately, are the weakest link when it comes to IT security and can unintentionally (or intentionally) compromise a business in a number of ways.

Studies show that around 82% of data breaches such as phishing, stolen credentials, misuse, or simply poor security practices (like using weak passwords or failing to update software) involve a human element.

Most successful infiltrations start with a phishing email that targets employees, tricking them into clicking on a malicious link, downloading malware, or entering their credentials on a fake site. Attackers exploit human psychology to bypass technical defences, making phishing one of the most common attack methods.

Even clients covered by our Cyber Security Service need to be cautious and so we ask that any suspicious emails are forwarded to us at: suspicious@interfuturesecurity.co.uk

For useful advice on how to reduce internal risks, read our blog at: https://www.interfuturesecurity.co.uk/blog/2023/01/31/internal-risks

Lunch On Us

We would like to offer a fantastic 2 course lunch for 2, with wine, at a winery of your choice, as a thank you for any referral which results in new business.

This would be a perfect opportunity to appreciate the autumn colours, whilst enjoying some excellent food and wine, in fabulous surroundings.

We believe that we can provide superior service levels and improve a systems performance, thus improving productivity for a business - so everyone's a winner!

This month we welcome a new client to the fold and also our newest (and youngest) member of the team: Woody.

Although young and (there's no denying it) short (yet strangely long), Woody, is a lively and occasionally vocal contributer to the efforts here at Interfuture.

He has been employed on an apprenticeship basis and will be closely supervised by our head of security: Ralph.

We wish him every success in his new role.

Read on ...

Tips & Tricks

SmartArt

This is a useful tool that allows you to create visually engaging diagrams, like organisational charts, processes, and timelines, without the need for complex design skills Here's how:

- In your PPP insert a text box and type in a list of the info you wish to present
- In the Home tab (top ribbon), select Convert to SmartArt, select a design
- Change colours (top ribbon)

If you wish to adapt the design:

- Ctrl + Shift + G will ungroup the shapes so that you can manipulate them to suit (you may have to repeat if there is more than one group).

What's Happening in November

There are far too many (notable) national and international days to fit in here, so forgive me if you're Scottish and I don't mention **St. Andrews Day** ... it's on Saturday 30th, by the way.

We get off to a flying start on Friday 1st with **World Vegan Day,** then **Roast Dinner Day** on 4th (a Monday!!), and **National Stress Awareness** on Wed 6th. Chronic stress has now been linked to a wide range of physical and mental health issues, including anxiety, depression, heart disease, and reduced immune function ... I prescribe a lunch-time walk - good for heart and soul.

Obviously, we have **Guy Fawkes Night** on Tues 5th (some little misunderstanding in 1605). The 7th is **National Hug A Bear Day** (neither wise, or possible in this country, I would have thought). Finally, we must remember **Remembrance Sunday** on 10th and **Armistice Day** on 11th. Oh and don't forget **Stir Up Sunday** on 24th - it's too early to mention what that relates to ....

In Praise of AI ..

There is a lot of fear around AI but there is also a lot to get excited about. The explosion in ai web/app tools is enabling people to do their job better, faster and with less effort. Each month we will review a collection and bring you those that seem most useful:

hivemoderation.com ★ ★ ★ ★ ★

Not so much an ai tool, more an ai detector tool. This app will check to see if content has been generated using ai - useful for teachers checking assignment, etc.