



Going abroad?

Holiday or work - if you have a Security Service Level Agreement (SSLA) with us - we need to know about your travel plans, in advance! We are continuously monitoring your accounts and any suspicious activity, such as a login from outside the UK, will automatically get blocked.

Please email us at soc@interfuture.co.uk with your dates and country location - extra details like itineraries and passport/visa issues are not necessary, although we wouldn't mind the odd photo.



MFA fatigue

This is a very real and present danger that is gaining traction. **Multi-factor authentication** fatigue is a

technique used by attackers to flood a user's authentication app with push notifications, in the hope that the target will eventually tire and accept, enabling the attacker to gain entry to an account or device.

People may accept the access attempt in frustration, simply so that they can get on with what they were doing. A target may also receive a message or email from the attacker posing as someone from a helpdesk, or IT dept., encouraging them to accept the access attempt. Global stats show the following:

- Microsoft observed over 382,000 attacks in 2022 due to MFA fatigue
- 81% of data breaches occur due to weak passwords
- 95% of cyber-attacks are attributed to human error

If you find yourself in this situation, please call us immediately.

Newsletter

We are now well into the holiday season and I include here a little request to help keep your IT running smoothly, while you are on your travels.

Of course we will miss you but don't think that we will be twiddling our thumbs, with our feet up. We use the quieter summer months for training, and to improve our processes and upgrade our systems, so that we are always operating at the cutting edge of technology.

Like you, we need to keep ahead of our competitors and technology is the smartest way to do that.

Read on ...





Tips & Tricks

Don't panic:

- If you close a web browser tab by mistake, no problem, you can bring it back by simply pressing Ctrl + Shift + T
- Ctrl + Z will undo your last typing or other design change. Repeatedly pressing Ctrl Z will continue to undo.
- Additionally, you can redo anything you undid by pressing Ctrl + Y

What's Happening in July



Following on from No Mow May and Let It Bloom June (leaving your weeds to flower), we have Plastic Free July, where the globe's human inhabitants are encouraged to avoid single use plastics. A little harder to achieve than the previous 2 months but a reduction in use must surely be possible.

July gets exciting on Sat 6th with International Kissing Day. As I live with teenagers and a very hairy cat, my options are limited but I'm not losing hope - there are 5 more days (at time of writing) to find someone! Gentlemen, please form an orderly queue. (Sadly, I notice that I wrote the same thing last year 😞)

Sun 7th July is national "Thank You Day". This began in 2021, in response to all those unsung heroes who served their local communities during the pandemic. It is estimated (by the ONS) that voluntary work is worth almost 1% of the UK's GDP (almost £20b pa). I'm not sure 1 day is enough ...

If Sat doesn't turn out well for me, I can console myself with World Chocolate Day (also Sun 7th).

I may as well stock up now ... !



In Praise of AI ..

There is a lot of fear around AI but there is also a lot to get excited about. The explosion in ai web/app tools is enabling people to do their job better, faster and with less effort. Each month we will review a collection and bring you those that seem most useful:

BeeDone.co (untested therefore unstarred)

This is a quirky option directed at those of us who need a little excitement to get things done. The app turns boring tasks into little games, offering rewards whenever you move forward. It keeps track of your habits, offers an AI assistant to guide you, and you can spin the Task Roulette if you feel like tackling a random one from your list.