Newsletter

Well, the year is racing ahead and we are already past the longest day but we still have much to look forward to (see What's On In July).

We have a couple of housekeeping requests which will make your computer's and thus your lives run more smoothly, by avoiding certain hiccups. (Although, of course, we love to hear from you.)

It would be great if you could pass the message on to your colleagues, as we know that many of them are not observing these basic "hygiene" practices.
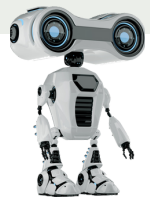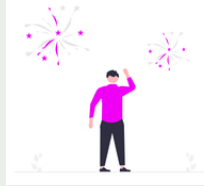
Enjoy ...

PLEASE, PLEASE ↻ PLEASE, PLEASE

For readers who didn't make it to the end of last months Newsletter, there was a request to please reboot (restart) your computers every day. This can improve security, functionality and speed by:

- enabling software updates
- clearing the system memory (RAM)
- fixing software issues and maintaining system stability by clearing small glitches, memory leaks, and conflicts
- freeing up resources – simply closing a program may not always cause it to release system resources

To do this: **Ctrl** + **Alt** + **Delete**, click the **Power** icon (bottom right corner), select **Restart** from the list

In Praise of AI ...

There is a lot of fear around AI but there is also a lot to get excited about. The explosion in ai web/app tools is enabling people to do their job better, faster and with less effort. Each month we will review a collection and bring you those that seem most useful:

https://smashinglogo.com ★★★★★
Designs a selection of logos/branding based on your chosen styles, industry and company name

https://www.befunky.com ★★★★★
Turns photos into a huge selection of art styles (see our Barn below in Cartoonizer DLX style)

Tips & Tricks

Microsoft Office - hyperlinks

If you would like to insert a hyperlink into a document but don't want a long unsightly code, you can rename it to something more suitable, as follows:

- highlight link, right click, link, type new name in text to display, ok

If you would like to turn text (or an object) within a document, into a clickable hyperlink:

- highlight text/object, right click, link, select Link to as appropriate, copy and paste hyperlink into the Address box at the bottom (or use Look in to browse through files, etc.), ok
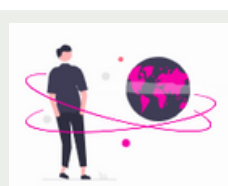
What's Happening in July

Sun 2nd July is national "**Thank You Day**". This is a new annual event which began in 2021, in response to all those unsung heroes who served their local communities during the pandemic. It's not just in times of dire need that our volunteers prove invaluable - it is estimated (by the ONS) that voluntary work is worth almost 1% of the UK's GDP (almost £20b pa). I'm not sure 1 day is enough ...

July gets exciting on **Tues 6th** with **International Kissing Day**. As I live with teenagers and a very hairy cat, my options are limited but I'm not losing hope - there are 8 more days (at time of writing) to find someone! Gentlemen, please form an orderly queue.

If Tues doesn't turn out well for me, I can console myself on **Wed 7th** with **World Chocolate Day**. I may as well stock up now ... !

July is a good month for foodies as **Sun 16th** is **World Ice-cream Day**, followed by **National Wine and Cheese day** on **Tues 25th**.

Finally, **Mon 24th** is **Samaritans Awareness Day**. Throughout July they will be running an awareness-raising campaign: Talk to Us, to remind people that they are there 24/7 for anyone who needs someone to listen.

Going abroad?

Holiday or work - if you have a Security Service Level Agreement (SSLA) with us - we need to know about your travel plans, in advance! We are continuously monitoring your accounts and any suspicious activity, such as a login from outside the UK will automatically get blocked.

Please email us at soc@interfuture.co.uk with your dates and country location - extra details like itinerarys and passport/visa issues are not necessary, although we wouldn't mind the odd photo.