

Newsletter

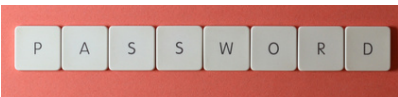


Fit n' Fabulous in February



Well maybe not yet but we are definitely aiming for that - the super dooper high tech scales (that measure everything from your water content, to your muscle mass, to what you ate last Tuesday) have arrived! Kick off is 1st Feb, when we will all be gleefully leaping on the scales and laughing heartily at the adventure that lies ahead.

Brisk lunch time walks have already begun, water has replaced coke in the fridge and bowls of fruit have sprung up everywhere. All we ask is that you tune in each month, as we publish the results of our endeavours, so that you can morally support us on our journey ... only kidding ... or am I?



Alert!

LastPass, a popular password manager, has suffered another major breach, putting customers' online passwords at risk and endangering their data.

For more information go to: <https://www.cnet.com/tech/services-and-software/lastpass-customers-need-to-change-all-of-their-passwords/>

Basically, however, you need to consider changing to a new password manager and also, change all your passwords!

All Change!

The start of a new year is always a good time to take stock ... and the conclusion that we have reached, here at Interfuture, is that we are too stocky!

Not only are we reducing in size but we are aiming for a corresponding increase in speed ... so go on, give us a call and see how fast we pick up!

As well as improving ourselves we are also making **important** changes to our systems, that could effect you.

Please read on

Newsletter



Tips & Tricks - WhatsApp

- WhatsApp isn't limited to your mobile phone, you can set it up on your desktop too! Neither do you have to have your phone nearby to use it - very useful when you've left your phone at home. Go to [Whatsapp.com/download](https://whatsapp.com/download).
- Share Live Location - handy if you are meeting up with someone, as this allows your contact to track you (for a fixed duration). Go to: Chats - a specific chat - click on "+" (bottom left), or the paperclip (right of message) - location - share live location - set duration.
- Turn off pings - if you are being driven mad by pings, you can turn this off for a specific contact or group: Go to the group/individual chat - click on name - mute - chose duration ... ahh peace ...

Upgrade - **important** - please read

As we continue to look for ways to streamline and improve the services that we provide to you, we have the following changes coming over the next couple of months:



- We are moving to a much newer and more flexible platform, to manage all your device's. This will bring greater flexibility in applying various updates, as well as many other tools to help us provide you with even better support. This rollout has already started and will run alongside our existing platform, until we have captured all devices. It will be a silent change in the background, and should not affect you in any way.
- We are also changing the platform that we use for raising support tickets. We have outgrown our current platform and need better project management capabilities, as well as wishing to provide a portal for client use. We will provide more information on the portal, once we are ready to roll this out to clients - you might notice some layout differences, compared with the current emails that you receive, but the detail will remain the same. Part of this change does mean that Live Chat will no longer be available but we are reviewing this area and may be able to offer a live chat option at a later date.

If you have any concerns or questions about this, please email us at support@interfutrue.co.uk.

Whats happening in February

Thankfully Veganuary and Dry January are now over and we move onto more enjoyable days such as Shrove (pancake) Tuesday on 21st February.

Apparently, Shrove Tuesday gets its name from the practice of 'shriving', an older term for the practice of confession. Before the onset of Lent, Christians would confess and receive forgiveness from sins so that they could enter Lent guilt-free.

ST would be an opportunity for families to eat certain foods that would be banned during Lent, such as meat, eggs, flour, milk and fatty foods. Pancakes became popular in England as a way of using up such ingredients that remained in pantries. Who knew?!!